

# Moulage Recipes

- The smell of infection:** Morning Breeze
- Blood bags:** Ivory Dishwashing Liquid, cranberry juice, with a toothpick drop of blue food coloring
- Blood:** Crayola Washable paint (can be applied directly to Noelle mannequin)
- Dried Blood:** cocoa mix, water, cranberry juice with a fake blood mixture : strawberry jello mixed and left out to dry makes “blood leather” which can be used as clots (spray silicone on them to make them look wet)-these can be reused
- Permanent blood clots:** strawberry jello mixed; put in a strainer and allowed to sit out for days to evaporate the water (these can be reused)
- Serous drainage on dressings:** mix coffee, tea, and yellow Vitamin Water (this is VERY realistic)
- Purulent drainage on dressings:** yellow liquid on the dressing with cream soup added to the top
- Vomit:** instant strawberry oatmeal mixed with a little water : orange juice, vegetable soup
- Hematemesis:** any vomit recipe mixed with red jelly and chocolate pudding
- The smell of vomit:** parmesan cheese and lemon juice (this is VERY realistic!!!)
- Hematuria:** add a couple of drops of meat blood to the simulated urine for a positive urine dipstick
- Cysts:** inject vanilla pudding into bubble wrap, use super glue to close the hole and use a thin layer of gel effects to enclose it in skin
- Chicken pox:** same procedure as the cysts, but use small bubble wrap
- Edema:** thin memory foam (like the things they sell to put on beds) placed on the mannequin leg and either TED hose or pantyhose applied to the leg. The memory foam gives the pitting edema effect, and is soft enough to be very realistic.
- Pregnant fundus:** memory foam can be used here as well
- Creptus/Subcutaneous emphysema:** bubble wrap
- Perioral cyanosis:** powdered baby blue eyeshadow (apparently the cheap dollar store eyeshadow is the best because it wipes off easily)
- Sweat:** 3 parts water: 1 part glycerin
- Contusions:** powdered eye shadow (blue, green, brown can be used to age the contusion)

- Road rash:** red gel effects with black food coloring applied with a stipple sponge
- IV infiltrate:** make a gel effects base, add cotton to the top, then another gel effects layer on the top. To age the wound, add green eye shadow to the edges of the wound.
- Urine:** Vitamin water (very realistic color and consistency)
- Sandpaper petechiae/rash:** cream of wheat mixed very thin  
: salt scrub with the moisture drained out
- Tarry Stool:** mix chocolate pudding with red jelly
- Sputum/nasal drainage:** KY jelly added to yellow liquid, green liquid, or coffee
- Pus:** alka seltzer added to vanilla pudding (add cranberry juice or coffee around the edges of the pus to add some blood tinged realism)